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| **Choose your adjectives**    Maria Exarchou, 2024 | |  |
|  | Labels and categories are used to make sense of the world in bulks: They are shortcuts that serve personal shorting systems and social constructs alike. Despite their seeming efficiency, their axiomatic nature leads to errors and oppressive dynamics.  In this installation, partially taking place in the time capsule of my pre-adolescence, as a tender and defining period regarding the development of my self-perception, I focus on the effect of biases on self-image, the ways we resist labeling and the conscious choices we can make towards positive stereotyping. | |
| The elements  1. A mirror: Look in the mirror. Notice what comes to mind.  2. A series of pictures of myself at a very young age. Already characterized by an assigned gender and whatever came with it.  3. A non-linear story about my personal struggles with labeling and how the experience shaped (and still is shaping) me.  4. Two audio pieces on stereotyping based on interviews on the subject.  5. A midi device where the players can choose how to characterize themselves and others.  6. Another mirror: Look in the mirror. What comes to mind now?  7. Will you please leave your feedback? I might use it in the next phase of the project. And an e-mail if you’d like me to keep you posted! | |  |